

Enclosed is my tuition of \$45.00 payable to Millbrook High School. I give my consent and approval to the participation of my daughter in this volleyball camp. I certify she is physically fit to take part in all activities. I also agree that the tuition will not be refunded under any circumstances.

Parent's Signature

Date

* All participants must be covered by medical insurance.

INSURANCE COMP. _____

GROUP# _____

POLICY# _____

If you wish to purchase school insurance please call 545-2800 for the necessary forms.

MAIL TO:
Coach Jen McCullough
Millbrook High School
251 First Woods Dr.
Winchester, VA 22603

Return this portion to MHS. See back for information.

Contact Information:

Coach Jennifer McCullough
(540)545-2800
(540) 545-7962 fax
Millbrook High School
or
(540)678-1868
Redbud Run Elementary
Email: McCulloj@frederick.k12.va.us
Email: jennifersalley@yahoo.com

Leadership Confidence Hard Work

- MHS VOLLEYBALL

Pioneer Girl's Volleyball Camp 2008

June 30th, July 1st, July 2nd
(Monday-Wednesday)



Grades 9th-12th 9am-12pm
Grades 7th&8th 1pm-4pm
Grades 5th&6th 5pm-8pm
(Grades they will be in for 2008-2009)

Cost : \$45.00

HOURS:

Grades 9th-12th 9am-12pm

Grades 7th&8th 1pm-4pm

Grades 5th&6th 5pm-8pm

Monday, Tuesday, & Wednesday

Campers are to not to arrive any earlier than 30 minutes before the camp start time and must be picked up by 15 minutes after the camp end time. Campers will need to bring their own water bottles and towels.

Objective: To teach and develop volleyball skills by review of fundamentals and teamwork.

Eligibility: All girls rising into grades 5-12.

Dress: Each girl should be dressed in a T-shirt, shorts/spandex, and court shoes.

T-Shirts: Each camper will receive a T-shirt on the last day of camp.

Monday, June 30th:

The campers will review the basic fundamentals of setting and passing. The campers will implement these skills in game simulated drills.

Tuesday, July 1st:

The campers will review the basic skills of serving and hitting. The campers will also review passing and setting, then implement these skills in game simulated drills.

Wednesday, July 2nd:

The campers will review all basic skills of volleyball. They will also be introduced to basic defense and offense concepts which they will implement in game play.

2008 Registration Form
Pioneer Girl's Volleyball Camp

- Please complete this form and return it with the \$45.00 fee. Make checks payable to **Millbrook High School-Volleyball.**
 - **Due by June 1st, 2008**

Name (Athlete): _____

Parent's Name: _____

Address: _____

Phone Number: _____

Email: _____

Age: _____ High/Middle School: _____

Grade: _____

Circle Shirt Size:

S M L XL XXL

Please remember to fill in the insurance information!

